

Figure 1 - (1)

Figure 1 - (2)

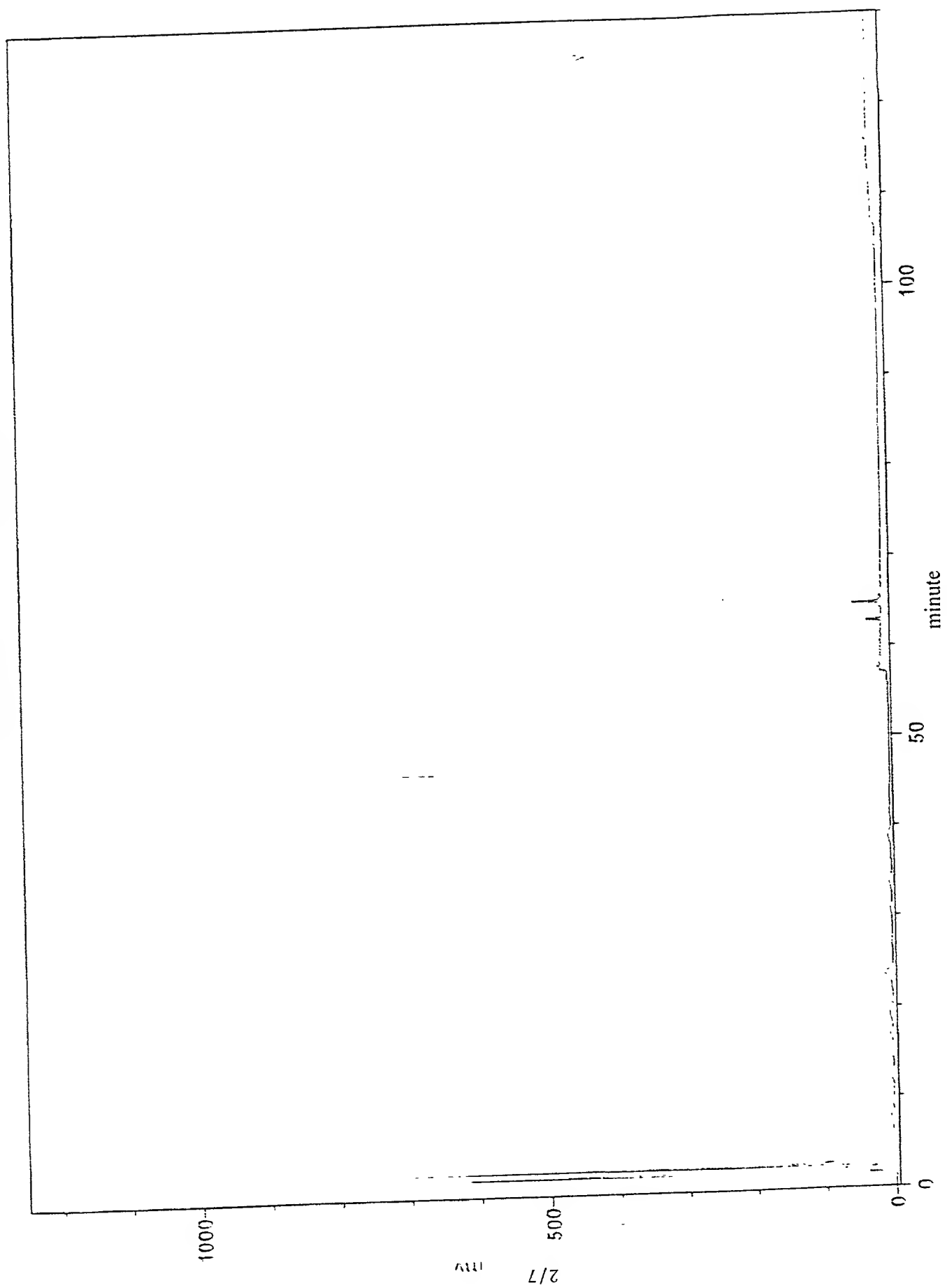
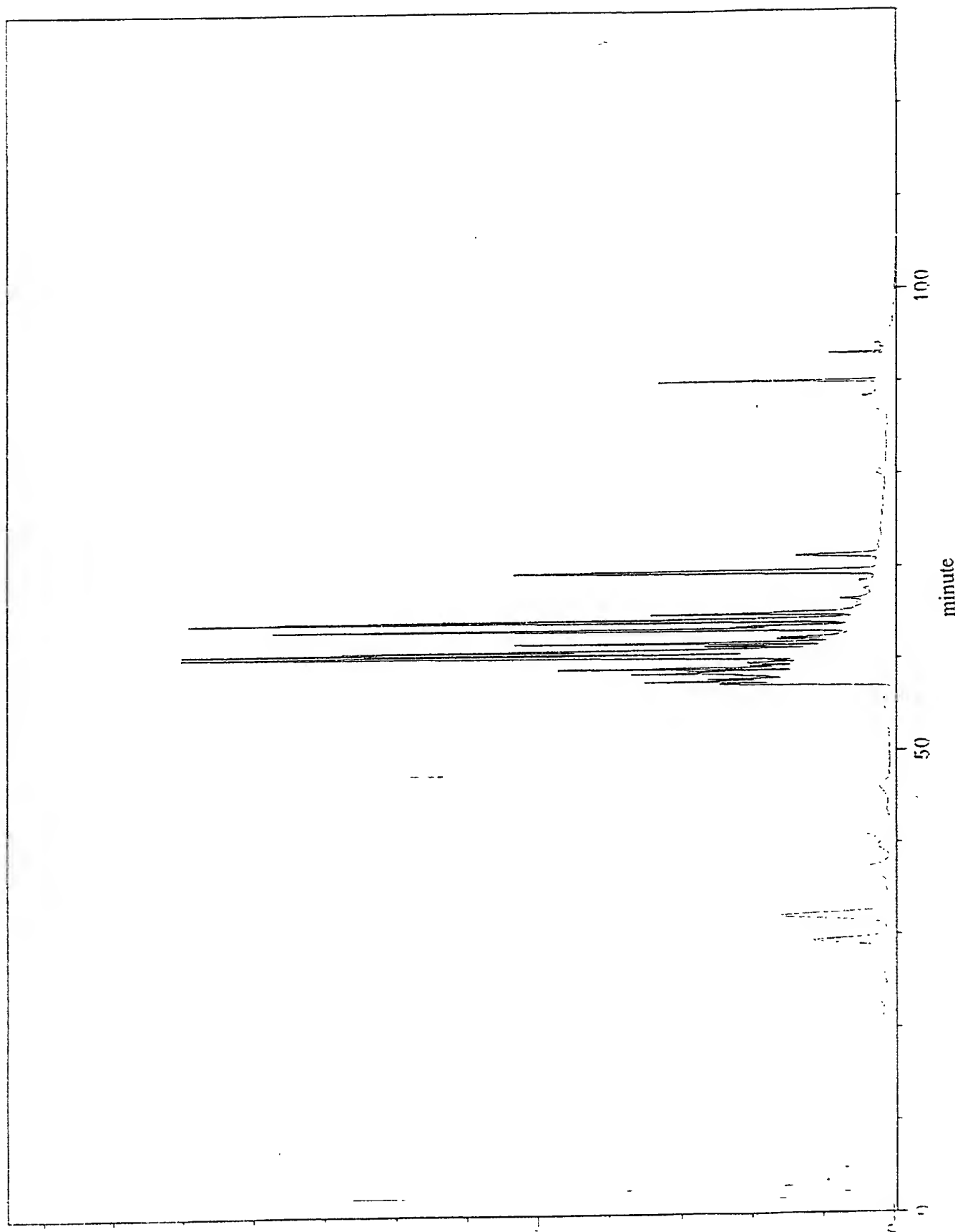


Figure 1 - (3)



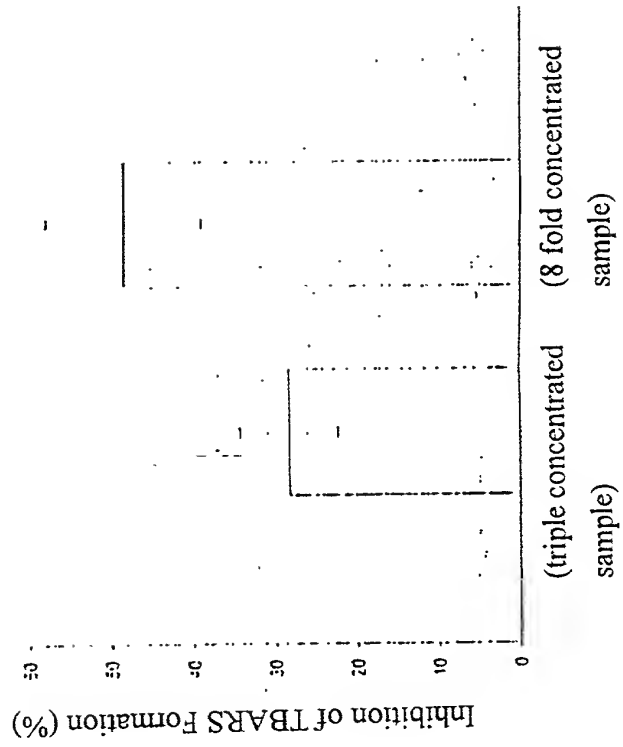


Figure 2

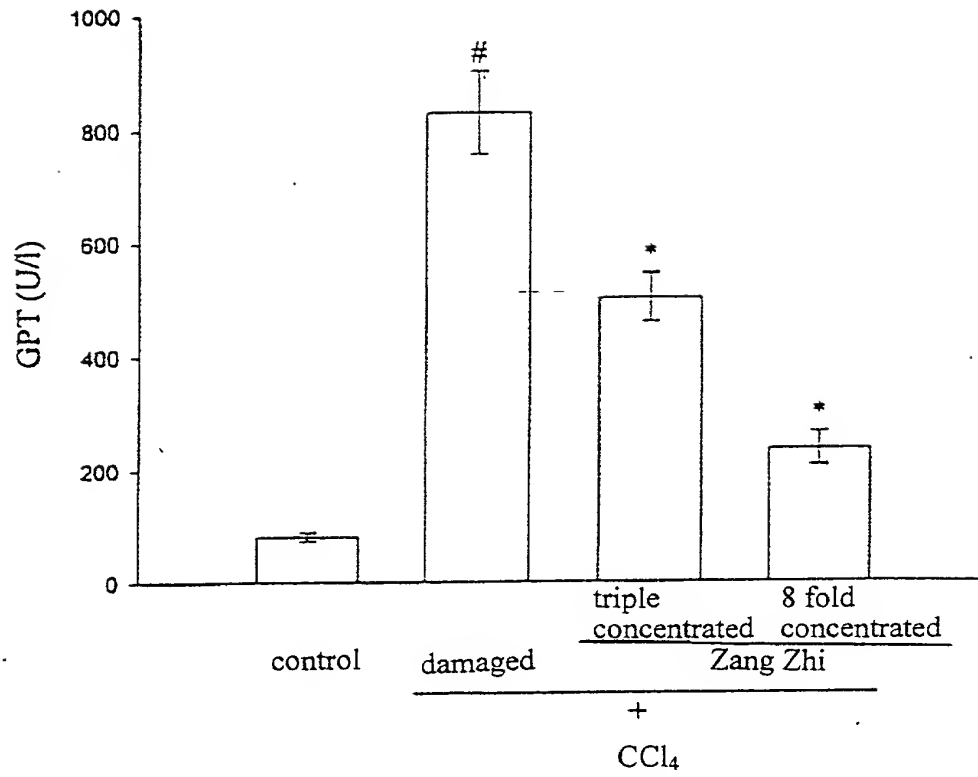
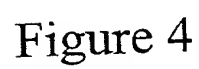


Figure 3



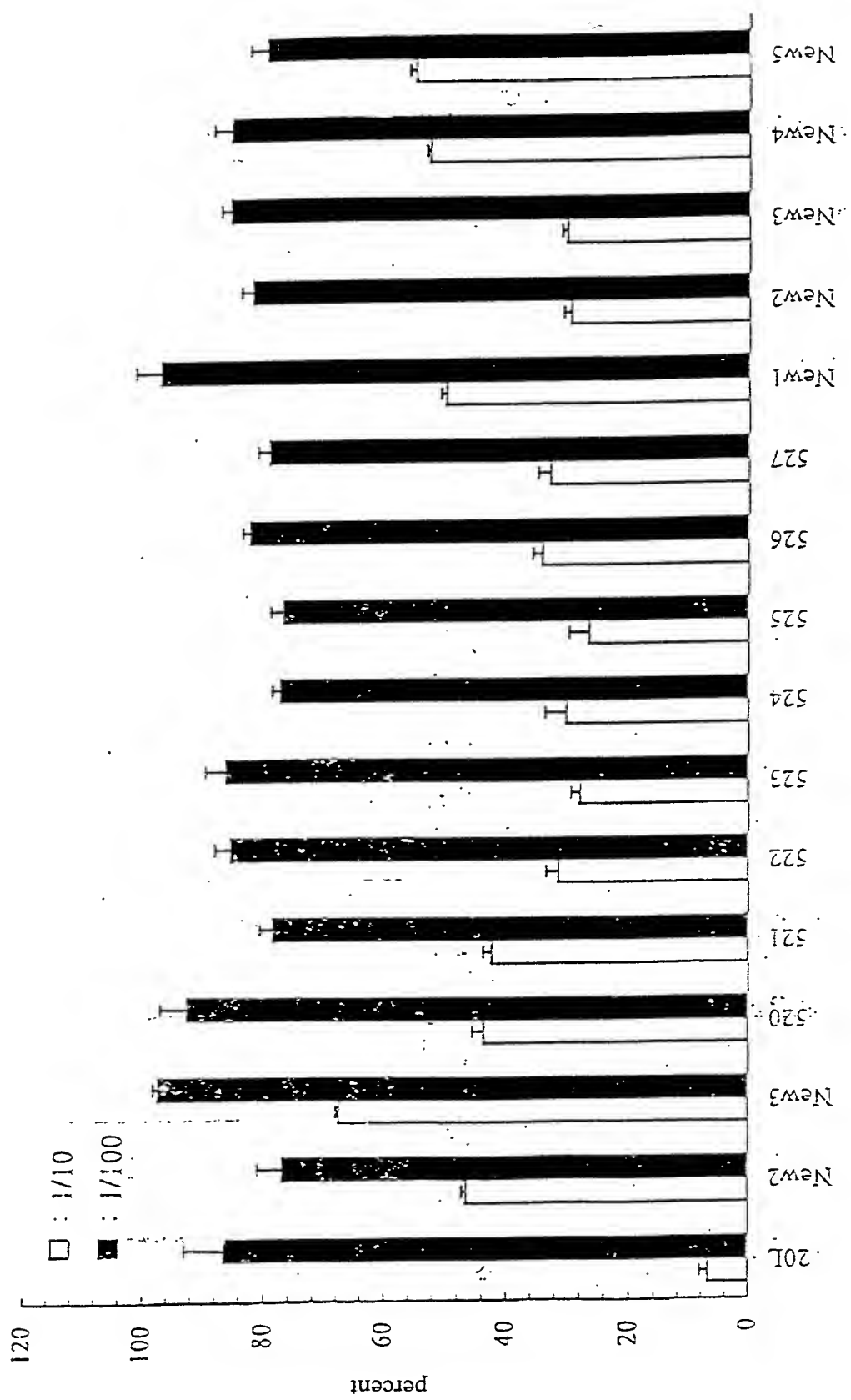


Figure 5

Figure 1 is a schematic representation of the experimental design. It shows a vertical timeline of events for two groups: 'Control' and 'Experimental'. The timeline starts with 'Baseline' and ends with 'Post-test'. Key events include 'Pre-test', 'Training', 'Post-training', 'Post-test', and 'Follow-up'. The 'Control' group receives 'Training' and 'Post-training' interventions, while the 'Experimental' group receives 'Training' and 'Post-training' interventions. The 'Control' group also receives 'Post-test' and 'Follow-up' interventions. The 'Experimental' group also receives 'Post-test' and 'Follow-up' interventions. The 'Control' group is represented by a solid line, and the 'Experimental' group is represented by a dashed line.